

Gwaered Y Mynydd Downhill



gradd gyflawn: parc beiciau/eithafol
overall grade: bike park/extreme
pellter: 1.9 km
distance:
disgyniad: 250 m
drop:

Graddau Parc Beiciau

graddfa llwybr beicio
mathau o lwybrau a arwynebo
Llwybrau sydd wedi eu cynllunio i fod yn galed gyda / neu nodweddion naturiol. Pob adran yn heriol. Cynnwys lefelau eithafol o berygl ac o / neu risg. Gallu i neidio'n orfodol.

Bike Park Grading

bike trail grade
trail & surface types
Severe constructed trails and/or natural features. All sections will be challenging. Includes extreme levels of exposure and or risk. Jumping ability obligatory.

gradients & technical trail features (TTFs)
Will include a range of small medium and large TTFs, including downhill trails, free ride sections and mandatory jumps.

Gwnaeth llawer o feicwyr lawr allt bresennol o'r radd flaenaf ennill profiad drwy feicio'r Mynydd.

Gyda disgynfa fertigol 250m drwy dirwedd ddramatig Cwmcarn a gwasanaeth cludo i fyny drwy'r flwyddyn, fe'i hystyrir yn aml fel llwybr disgynnol 'swyddogol' y DU. Wedi'i raddio'n 'Eithafol', mae'r Mynydd yn cynnig, adrannau technegol a heriol gyda rhai mannau neidio gorfodol. Mae uwchraddio mawr wedi cynnig sialensiau gwych i feicwyr a raswyr mwy profiadol fel ei gilydd.

Byddwch yn wynebu llawer o nodweddion cyffrous ar y llwybr yma - mannau neidio mawr wedi'u creu a nodweddion naturiol, neidiau dros fylchau, adrannau cul ar dir serth, disgynfeydd, gwreiddiau a chymysgfa eang o lwybrau o wahanol gyflwr.

Ceir yna nifer o adrannau plethedig gyda llinellau gwahanol, felly nid oes rhaid i chi bob amser gymryd y dewis 'gwibio drwy'r awyr'. Sicrhewch eich bod yn edrych ar yr opsiynau gwahanol ac yn deall system graddio'r llwybrau cyn cychwyn beicio.

Cynghorir defnyddio beiciau teithio mawr, a gwisgo helmedau sy'n gorchuddio'r wyneb ac arfwisg corff ar gyfer y llwybr hwn.

Many current top downhill riders first cut their teeth riding Y Mynydd. With a 250m vertical descent through the dramatic Cwmcarn landscape and year round uplift, it's often seen as the 'definitive' UK downhill trail. Graded 'Extreme', Y Mynydd offers steep, technical and challenging sections with some mandatory jumps. A major upgrade means it offers a fantastic challenge for more experienced riders and racers alike.

You will meet a myriad of exciting features on this trail - large manmade and natural jumps, gap jumps, narrow sections on steep ground, drops, roots and a wide mix of trail conditions.

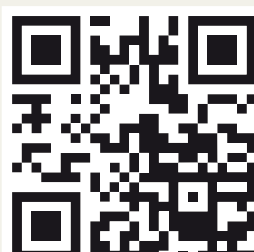
There are also a number of braided sections with many alternative lines, so you don't always have to take the 'big air' choice. Make sure you check all the different options and understand the section grading system before you start riding.

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Larger travel bikes, full face helmets and body armour are strongly advised for this trail.

Gellir archebu gwasanaeth cludo i fyny gyda'r gweithredwr.
www.cwmdown.co.uk

Uplift passes are available by booking with the operator.
Or scan the QR code here to go to their website. (Please note that private uplifts are not permitted)



Man codi'r gwasanaeth cludiant

Uplift pick-up point **ST 229934** **UP**

Canolfan Ymwelwyr



Bike Shop



— Llwybr lawr allt Y Mynydd
Y Mynydd downhill track

--- ffordd coedwig
forest road

(81) postyn lleoliad
waymarker

toiledau
toilets

caffi
café

UP Man codi'r gwasanaeth cludiant
Uplift pick-up point

--- ffordd cyhoeddus
public road

P parcio
parking

i gwybodaeth
information

1 Man cwrdd ambiwlans
Ambulance pick-up point

